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Modesto Junior College Athletics

History – Modesto Junior College (MJC) was established in 1921. MJC is one of 112 community colleges in the California Community College System, which is the largest system of public higher education in the world, serving nearly three million students each year.

The MJC Athletics Department offers 21 competitive sports programs (11 men and 10 women), the most in its conference and continues to maintain and work on expanding its selection of offerings. MJC is unique in that its main campus has two primary locations: East Campus and West Campus.

Mission – The Modesto Junior College Athletics Department will provide quality instruction, plentiful resources, state-of-the-art facilities, and a respectful environment for our diverse student-athletes, athletics department staff and community.

Statement of Athletic Philosophy - The community college offers educational opportunities in a variety of educational, cultural, and personal experiences to fit a wide range of age levels and abilities. Athletics is a part of the Physical Education discipline of our college as a portion of a general education process. A goal at Modesto Junior College is to provide opportunities for men and women to receive advanced instruction as well as a competitive experience. This goal may enhance chances for students to continue to develop physical fitness, desirable human relationships, stress reduction techniques, and social experiences through opportunities for interaction with opponents, teammates, instructors, officials, and fans.

Modesto Junior College has always provided a well-rounded, comprehensive athletic program. It is our policy to offer those sports that are desired by and beneficial to the student-athletes of Modesto Junior College.

To this end, Modesto Junior College has one of the largest Community College programs in California fielding twenty-one sports. They include:


Conference Membership:

**MJC Football**
Northern California Football Conference
Gary Kollenborn - Commissioner
Phone/Fax: (530)345-1451
gkollenborn@redshift.com

**MJC Wrestling**
Coast Wrestling Conference
Dale Murray - Commissioner
6500 Soquel Drive
Aptos, CA 95003-3119
Phone (831)479-6149
Fax (831)477-3768
damurray@cabrillo.edu

**All Other MJC Sports**
Big 8 Conference
Mike Liddell - Commissioner
1423 Scottsdale Court
Chico Ca 95926
Phone (530)321 0198
Fax (530)343 7842
liddellm@sbcglobal.net
MJC Athletic Facilities

Athletics Facilities:

MJC’s athletic facilities are located on two campuses (MJC East Campus and MJC West Campus) in Modesto, California. Both campuses are easily accessible off State Highway 99. The MJC east and West Campus locations are 2.5 miles apart.

MJC East Campus: 435 College Avenue, Modesto, CA 95350

Directions to MJC East Campus –
Traveling north or south on state highway, take the Kansas Avenue Exit, then travel east, going over the Kansas Ave. bridge to College Avenue. Turn left on College Avenue, then left again on Coldwell Avenue to many athletic facilities. (see map pg.8)

- Football: MJC Pirate Stadium
- M/W Basketball: MJC Gym
- Volleyball: MJC Gym
- Wrestling: MJC Gym
- M/W Water Polo: MJC Pool
- M/W Swimming: MJC Pool
- Baseball: MJC Baseball Field
- M/W Track & Field: MJC Stadium
- M/W Tennis: MJC Tennis Courts

MJC West Campus: 2201 Blue Gum Avenue, Modesto, CA 95358

Directions to MJC West Campus –
Traveling north or south on State Highway 99, take the Briggsmore/Carpenter Road Exit, then travel south on Carpenter Rd to Blue Gum Avenue. Turn right on Blue Gum Ave. (see map pg.8)

- M/W Soccer: MJC Soccer Field
- Softball: MJC Softball Field

Off Campus

- M/W Cross Country: Off Campus
- M/W Golf: Off Campus
## ATHLETICS COACHING STAFF

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
<th>Office phone # (209)</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>BASEBALL</td>
<td>Zeb Brayton</td>
<td>575-6274</td>
<td><a href="mailto:braytonz@mjc.edu">braytonz@mjc.edu</a></td>
</tr>
<tr>
<td>BASKETBALL M.</td>
<td>Paul Brogan</td>
<td>575-6048</td>
<td><a href="mailto:broganp@mjc.edu">broganp@mjc.edu</a></td>
</tr>
<tr>
<td>BASKETBALL W.</td>
<td>Mike Girardi</td>
<td>575-6003</td>
<td><a href="mailto:girardim@mjc.edu">girardim@mjc.edu</a></td>
</tr>
<tr>
<td>CROSS COUNTRY M.</td>
<td>Demitrius Snaer</td>
<td>575-6279</td>
<td><a href="mailto:snaerd@mjc.edu">snaerd@mjc.edu</a></td>
</tr>
<tr>
<td>CROSS COUNTRY W.</td>
<td>Jeffrey Paneda</td>
<td>575-6219</td>
<td><a href="mailto:panedaj@mjc.edu">panedaj@mjc.edu</a></td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>Sam Young</td>
<td>575-6712</td>
<td><a href="mailto:youngs@mjc.edu">youngs@mjc.edu</a></td>
</tr>
<tr>
<td>GOLF W</td>
<td>Milan Motroni</td>
<td>575-6267</td>
<td><a href="mailto:motronim@mjc.edu">motronim@mjc.edu</a></td>
</tr>
<tr>
<td>GOLF M</td>
<td>Ron Gross</td>
<td>575-6792</td>
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<tr>
<td>SOCCER M.</td>
<td>Sebastian Gutierrez</td>
<td>575-6155</td>
<td><a href="mailto:gutierrez@mjc.edu">gutierrez@mjc.edu</a></td>
</tr>
<tr>
<td>SOCCER W.</td>
<td>Steve Aristotelous</td>
<td>575-6155</td>
<td><a href="mailto:aristotelous@mjc.edu">aristotelous@mjc.edu</a></td>
</tr>
<tr>
<td>SOFTBALL W.</td>
<td>Kelly Nasrawi</td>
<td>575-6270</td>
<td><a href="mailto:nasrawik@mjc.edu">nasrawik@mjc.edu</a></td>
</tr>
<tr>
<td>SWIM/DIVE M.</td>
<td>Eric Fischer</td>
<td>575-6268</td>
<td><a href="mailto:fischere@mjc.edu">fischere@mjc.edu</a></td>
</tr>
<tr>
<td>SWIM/DIVE W.</td>
<td>Eric Fischer</td>
<td>575-6268</td>
<td><a href="mailto:fischere@mjc.edu">fischere@mjc.edu</a></td>
</tr>
<tr>
<td>TENNIS M.</td>
<td>Shawn Black</td>
<td>575-6275</td>
<td><a href="mailto:blacks@mjc.edu">blacks@mjc.edu</a></td>
</tr>
<tr>
<td>TENNIS W.</td>
<td>Milan Motroni</td>
<td>575-6267</td>
<td><a href="mailto:motronim@mjc.edu">motronim@mjc.edu</a></td>
</tr>
<tr>
<td>TRACK/FIELD M.</td>
<td>Demitrius Snaer</td>
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<td><a href="mailto:snaerd@mjc.edu">snaerd@mjc.edu</a></td>
</tr>
<tr>
<td>TRACK/FIELD W.</td>
<td>Jeffrey Paneda</td>
<td>575-6219</td>
<td><a href="mailto:panedaj@mjc.edu">panedaj@mjc.edu</a></td>
</tr>
<tr>
<td>VOLLEYBALL</td>
<td>Tiger Shelton</td>
<td>575-6270</td>
<td><a href="mailto:tshelton@rcschools.com">tshelton@rcschools.com</a></td>
</tr>
<tr>
<td>WATER POLO M.</td>
<td>Eric Fischer</td>
<td>575-6268</td>
<td><a href="mailto:fischere@mjc.edu">fischere@mjc.edu</a></td>
</tr>
<tr>
<td>WATER POLO W.</td>
<td>Eric Fischer</td>
<td>575-6268</td>
<td><a href="mailto:fischere@mjc.edu">fischere@mjc.edu</a></td>
</tr>
<tr>
<td>WRESTLING</td>
<td>Jesse Vazquez</td>
<td>575-6270</td>
<td><a href="mailto:vazquezj@mjc.edu">vazquezj@mjc.edu</a></td>
</tr>
</tbody>
</table>

## ATHLETICS UNIT STAFF

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>MJC PRESIDENT</td>
<td>Jill Stearns</td>
<td>575-6067</td>
<td><a href="mailto:stearnsj@mjc.edu">stearnsj@mjc.edu</a></td>
</tr>
<tr>
<td>PHYSICAL EDUCATION DIVISION DEAN</td>
<td>Patrick Bettencourt</td>
<td>575-6373</td>
<td><a href="mailto:bettencourt@mjc.edu">bettencourt@mjc.edu</a></td>
</tr>
<tr>
<td>INTERIM ATHLETIC DIRECTOR:</td>
<td>Nick Stavrianoudakis</td>
<td>575-6835</td>
<td><a href="mailto:stavrianoudakis@mjc.edu">stavrianoudakis@mjc.edu</a></td>
</tr>
<tr>
<td>P.E. ADMINISTRATIVE SECRETARY</td>
<td>Grace Conde</td>
<td>575-6269</td>
<td><a href="mailto:condeg@mjc.edu">condeg@mjc.edu</a></td>
</tr>
<tr>
<td>ATHLETICS SECRETARY</td>
<td>Shamiran Pourelyas</td>
<td>575-6270</td>
<td><a href="mailto:pourelyass@mjc.edu">pourelyass@mjc.edu</a></td>
</tr>
<tr>
<td>ATHLETIC TRAINER</td>
<td>Bobby Boswell</td>
<td>575-6052</td>
<td><a href="mailto:boswellb@mjc.edu">boswellb@mjc.edu</a></td>
</tr>
<tr>
<td>ATHLETIC TRAINER</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EQUIPMENT MANAGER MEN</td>
<td>Ron McGuire</td>
<td>575-6282</td>
<td><a href="mailto:mcguirer@mjc.edu">mcguirer@mjc.edu</a></td>
</tr>
<tr>
<td>EQUIPMENT MANAGER WOMEN</td>
<td>Mary Jo Brasil</td>
<td>575-6283</td>
<td><a href="mailto:brasilm@mjc.edu">brasilm@mjc.edu</a></td>
</tr>
<tr>
<td>CHEER/GYMNASTICS</td>
<td>Linda Cabral</td>
<td></td>
<td><a href="mailto:cabral@mjc.edu">cabral@mjc.edu</a></td>
</tr>
<tr>
<td>ATHLETIC FAX #</td>
<td></td>
<td>575-6145</td>
<td></td>
</tr>
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</table>

**MJC Athletic Web Site:** [http://www.mjc.edu/athletics](http://www.mjc.edu/athletics)
Coaches Code of Ethics

**Statement:** The list below exemplifies the behaviors expected of a coach at Modesto Junior College. At MJC we strive for the highest standard in coaching excellence.

1. Any sport is the players’ game. The paramount concern of coaches is the holistic development, welfare, enjoyment and safety of their players.

2. Coaches bear responsibility for teaching their players to strive for success while playing fairly, observing the playing rules and the highest levels of sportsmanship.

3. Coaches shall treat officials with respect and dignity, and shall teach their players to do the same.

4. Our opponents are worthy of being treated with respect. Coaches will model such respect for opponents and expect their players to do likewise.

5. In both victory and defeat, the behavior of a coach shall model grace, dignity and composure.

6. Coaches shall adhere to the highest standards and the regulations of the institutions they represent: clubs, schools, sponsoring organizations and sports governing bodies.

7. Coaches have a responsibility to promote the interests of sport, including treating media with courtesy, honesty and respect.

8. Coaches shall model inclusive behavior, actively supporting cultural diversity while opposing all types of discrimination, including, but not limited to, racism and sexism, at all levels of sport.

9. Coaches are responsible for taking an active role in education and in the lives of their players.

10. Coaches shall refrain from all manner of personal abuse and harassment of others, whether verbal, physical, emotional or sexual, and shall oppose such abuse and harassment at all levels of their sport.

11. Coaches shall seek to honor those who uphold the highest standards and principles of their sport and shall use appropriate protocol to oppose and eliminate all behavior that brings disrepute to the sport – violence, abuse, dishonesty, disrespect and violations of the rules governing competition.

*Adapted from the NSCAA Coaching Code of Ethics.*
Game Operations

Game Management Operations

Please direct any questions to Nick Stavrianoudakis, Interim Athletic Director (209) 575-6835

Parking (East/West Campus)

East Campus: Visiting team busses can park along Stoddard Road or on campus parking lots north of the MJC Gym. (see Page 8). Visiting team vans may park anywhere on campus. You may want to consult with the appropriate MJC head coach for the best location.

West Campus: Visiting team busses can park on campus at parking lots adjacent to the soccer field or softball field (see page 8). Visiting team vans may park anywhere on campus. You may want to consult with the appropriate MJC head coach for the best location.

Visiting Fan Parking: For visiting fans, daily parking permits are $2.00 and machines are located within all the MJC parking lots. Parking is permitted in all student lots. Parking laws are not enforced on Saturdays or Sundays (See page 8 for parking lot locations).

Locker Rooms

Men’s and women’s locker rooms are located next to the gymnasium on Coldwell Ave. Visiting Football teams will use the women’s locker room located north of the MJC swimming pool. Visiting men’s basketball and wrestling teams will use the women’s locker room in the MJC Gym. Visiting women’s basketball and volleyball teams will use the men’s locker room in the MJC Gym. Locker rooms are available for use prior to events and after events. Please make sure valuables such as jewelry, money, or wallets are in a valuable bag kept with your staff. MJC is not responsible for lost or stolen items.

Equipment Needs

Contact our Athletic Equipment Managers:
   Ron McGuire (209) 575-6282 (Men’s)
   Mary Jo Brasil (209) 575-6283 (Women’s)

Ticket Prices

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<tr>
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<td>$5</td>
<td>$4</td>
<td>$7</td>
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<tr>
<td>Students &amp; Seniors</td>
<td>Seniors &amp; Veterans</td>
<td>Students &amp; Seniors</td>
<td>Students &amp; Seniors</td>
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<tr>
<td>$5</td>
<td>$3</td>
<td>$2</td>
<td>$5</td>
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<tr>
<td>Children 7-10:</td>
<td>Students</td>
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<td>$2</td>
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<tr>
<td>$3</td>
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<td></td>
<td>Children 7 and younger</td>
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<tr>
<td>Children 7 and younger Free</td>
<td></td>
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<td>Free</td>
</tr>
</tbody>
</table>
Emergency Care

Bobby Boswell, Athletic Trainer
(209) 575-6052

MJC Campus Safety (209) 575-6351
Police/Fire/Ambulance 911

Hospitals

Doctors Medical Center
1441 Florida Ave.
Modesto, Ca 95350
(209)578-1211
(209)576-3883 (Emergency Department)

Memorial Hospital
1700 Coffee Rd
Modesto, CA 95355
(209)526-4950

Kaiser Permanente
4601 Dale Rd
Modesto, CA 95356
(209)735-5000

Modesto Urgent Care
1909 Coffee Rd #3
Modesto, CA 95355
(209)529-1542

Hotel/Motel Information

Double Tree by Hilton
1150 9th Street
Modesto, CA 95354
(209)526-6000

Best Western Town House Lodge
909 16th Street
Modesto, CA 95354
(209)524-7261

Discovery Inn
115 Downey Ave.
Modesto, CA 95354
(209) 529-4370

Best Western Palm Court Inn
2001 W. Orangeburg
Modesto, CA 95350
(209)521-9000

SpringHill Suites by Marriot
1901 W. Orangeburg
Modesto, CA 95350
(209) 526-2157

Days Inn
1312 McHenry Ave
Modesto, CA 95350
(209)527-1010

Comfort Inn
2025 W. Orangeburg
Modesto, CA 95350
(209)544-2000
Northern California Football Conference

*Suggested Script for Public Address Announcer*

Announcers are expected to report the activities of the game and are not “cheerleaders” or “media play-by-play analysts.

**After Introductions and/or Before Start of Each Game:**

1. “This is an official California Community College Athletic Association. Observation of sportsmanship by all is expected”. Read the following:

2. FANS, *The California Community College Athletic Association Decorum Policy* IS IN EFFECT FOR ALL GAMES THROUGHOUT THIS EVENT. **PLEASE** - BE RESPECTFUL AND COURTEOUS TO EACH OTHER.

3. THE CCCAA STRONGLY ENCOURAGES ALL FANS TO AVOID USING PROFANE LANGUAGE, TAUNTING OR MAKING INAPPROPRIATE GESTURES OR NON-VERBAL SIGNS TO OPPOSING TEAMS AND FANS. IN ADDITION, ANY NON-CREDENTIALED PERSON THAT COMES ONTO THE PLAYING SURFACE WILL IMMEDIATELY BE ESCORTED OUT OF THE VENUE BY SECURITY STAFF.

4. THOSE VIOLATING THE CCCAA DECORUM POLICY WILL BE WARNED ONCE. SUBSEQUENT VIOLATIONS OF THE CCCAA DECORUM POLICY WILL RESULT IN EJECTION FROM THIS HOST VENUE. THANK YOU.
STATE DECORUM POLICY

Decorum at Community College events is the responsibility of all participants. (See bylaw 4.4)

For the purpose of this section, the following definitions apply.

1) Participant is a player, coach, team member, team attendant, official, or college staff member.

2) Disqualification is removal from an event for an accumulation of personal or technical fouls, yellow cards, water polo ejections, etc., and is not under the jurisdiction of this policy.

3) Ejection is defined as the immediate removal from further participation in an event as a result of abusive verbal or physical behavior.

4) Verbal or abusive behavior is defined as, but not limited to, unsportsmanlike tactics such as using profanity or vulgarity, taunting, ridiculing, pointing a finger, making obscene gestures, throwing gang signs, baiting of opponents, or inciting undesirable crowd reactions which result in ejection.

5) Physical abuse is defined as any physical act that results in ejection.

6) An event is defined as the time a visiting team or participant arrives at the site until the time the visiting team or participant leaves the site.

Where official playing rules and state decorum rules differ, the most stringent rule shall be enforced.

SECTION I: Punishment for Ejection

1.1 FIRST OFFENSE: In addition to immediate ejection from the contest, the individual shall be suspended from the following game.

1.2 SECOND OFFENSE (same individual): In addition to immediate ejection from the contest, the individual shall be suspended from all remaining contests including post-season competition.

SECTION II: Punishment for Attacking An Official

2.1 ATTACKING OFFICIAL: Striking or attempting to strike an official shall result in immediate ejection and the individual shall be disqualified from participation in California Community College athletic activities for a period of sixty (60) months.

SECTION III: Punishment for Leaving Bench Area

3.1 BENCH CLEARING: Coaches or participants entering the field of play from the bench area in reaction to a confrontation shall be ejected and punished as outlined in Section 1.1 or 1.2 above. If, in the opinion of the officials, a Coach going onto the field of play was helpful to the officials in the effort to control players, the penalty against the Coach may be waived.

SECTION IV: Punishment for Violation of Substance Abuse Policy

4.1 Use: The use or possession of any form of tobacco, alcohol, and/or other controlled substances by any participant during Community College-sponsored athletic activity shall be punished by ejection.

4.2 Ejection: Ejection for violation of 4.1 shall be the same as those outlined in Section 1.1 and 1.2.

SECTION V: Reporting

5.1: Within 24 hours after a contest where there has been an ejection of a player or a participant, the coach of the team shall report the names and circumstances to the Athletic Director who, in turn, shall immediately inform the Conference Commissioner. Failure by a coach to report shall be penalized the same as 1.1 and 1.2. Failure of an Athletic Director to report may result in team forfeiture.

5.2: Coaches or team attendants penalized by any of the above rules are prohibited from participation during a game only, not from carrying out assigned non-game responsibilities.

5.3: Each person participating in a California Community College athletic event shall receive a copy of this Decorum Policy and provide a written acknowledgment of understanding.
NCFA CONFERENCE DECORUM VIOLATION REPORT

This form must be emailed to the Conference Commissioner Gary Kollenborn at gkollenborn@redshift.com or faxed (530)-345-1451 within 24 hours of the incident.

For Athletic Director’s Use Only: (use second page if necessary)

Today’s date ___________ Home team ______________________________
Visiting team _______________________________
Location of contest _______________________________

Participant ejected: Name ______________________________ Uniform # ______ Team _______________

Video Provided: Yes____ No____ (Check √) Player____ Coach_____ Other ______

Description of actions which led to ejection:
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Any participant ejected from a contest must sit out the rest of that contest and is also suspended from the next scheduled contest. Please list the next contest, showing the opponent and date.

Next Opponent: _______________________________ Date: _______________________________

Reporting Athletic Director: ______________________________

For Official’s Use Only: (use second page if necessary)

Describe what happened as completely and specifically as possible. Be sure to check one or more of the violations listed below. (Be advised that NCFA and CCCAA decorum rules are, in certain cases, more stringent than NCAA rules).

Ejected for: ( ) verbal or abusive behavior ( ) tobacco or substance abuse
( ) physical abuse arguing ( ) fighting unsportsmanlike behavior
( ) bench clearing ( ) assaulting officials
( ) rule book ejection ( ) other (please explain below)

Comments: ___________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________}

Name of Reporting Official ______________________ Name of Other Officials ______________________
_________________________________________________ Signature of Official Writing Report _________________

For Commissioner’s Use Only:

Ruling _____________________________________________________________________________

Commissioner Signature __________________________________________ Date _______________________

NCFA CONFERENCE DECORUM VIOLATION REPORT (Page 2)
For the purpose of this policy, the following definitions apply:

A. PARTICIPANT - is a player, coach, team member, team attendant, official, or college staff member.

B. DISQUALIFICATION - is removal from an event for an accumulation of personal or technical fouls, yellow cards, etc. and is not under the jurisdiction of this policy, but are covered by the rules of the sport.

C. EJECTION - is defined as the immediate removal from further participation in an event as a result of abusive, verbal or physical behavior.

1. First Offense: In addition to immediate ejection from the contest, the individual shall be suspended from the following contest. Each ejection shall be reviewed by the conference commissioner to determine if the ejection is a “strike” and covered by this policy.

2. All ejections shall be treated as first offenses unless a previous “strike” has been declared by the conference commissioner.

3. Second “strike” (same Individual): In addition to immediate ejection from the contest, the individual shall be suspended from all remaining contests including PC.

4. Determination of whether or not an ejection is a “strike” may only be appealed to the conference appeals board. A decision by the conference appeals board is final.

D. VERBAL OR ABUSIVE BEHAVIOR - is defined as, but not limited to: unsportsmanlike tactics, such as using profanity or vulgarity, taunting, spitting on an opponent, ridiculing, pointing a finger, making obscene gestures, throwing gang signs, baiting of opponents, or inciting undesirable crowd reactions which results in ejection.

E. PHYSICAL ABUSE - is defined as any physical act that results in ejection.

F. EVENT - is defined as the time a visiting team or participant arrives at the site until the time the visiting team or participant leaves the site.

4.4.2 Where official playing rules and COA decorum rules differ, the most stringent rules shall be enforced.