

Mental Health

Dear MJC Administration, Faculty, and Classified Professionals,

My name is Lonita Cordova and I am the Director of Mental Health. I am pleased to share that we have increased our Mental Health services and the interventions through Behavior Intervention referrals. This newsletter is a snapshot of the supports provided to date.

BIT referrals can be completed for:

- Changes in academic performance in the classroom
- Significant drop in examination scores
- Change in pattern of interaction (withdrawn, angry, defensive)
- Change in physical appearance (hygiene, attire, injuries)
- Problems concentrating and remembering things or making decisions
- New or regularly occurring behavior which pushes the limits may interfere with class management or disruptive to other students, faculty or staff
- Unusual or exaggerated emotional responses
- High levels of irritability or inappropriate excitement

Fall 2016 Therapy Schedule

EAST: Morris 108
WEST: Yosemite A114

Monday: West Campus, 1pm-3pm

Tuesday: West Campus, 8am-4:30pm

Wednesday: West Campus, 10am-4pm

Thursday: East Campus, 8:30am-12:30pm

****Please follow department procedures for Mental Health Referrals****



Upcoming Campus Trainings

December 9

1pm-4pm, CAT 101

- Eliminating Barriers to Learning/BIT reporting

Behavior Intervention Links:

[BIT Report Form](#)

[Mental Health Resources](#)

BIT Reports/Therapy:

8/1/16 – 11/16/16 (3 months)

32 Crisis Counselor Reports

87 Total BIT Reports

3 SIVRA 35 threat/risk assessments

Therapists

2 PCC trainees

2 LMFT's

1 ACSW

Total Students Served: 135

Friday: West Campus, 1pm-5pm