READ ALL OF THESE DIRECTIONS BEFORE YOU BEGIN WRITING

- On the cover of your Blue/Green Book, write your name and any other information your instructor tells you to write.
- Use blue or black ink or a #2 pencil so your writing is dark. If readers cannot read your writing, they cannot score it, and your essay will not pass.
- It is okay to cross out errors, draw arrows, or make notes for your readers as long as your markings and notes are clear.
- Please double space your essay. (Write on every other line.)
- Electronic devices of any sort will NOT be allowed. If your teacher provides dictionaries or allows written dictionaries, you may use them.
- You may NOT use a previously prepared essay in partial or completed form. Doing so will automatically result in a failing grade for this essay.
- When you have finished your essay, go back to page one and give your essay a creative title!

SPECIFIC DIRECTIONS FOR THE ESSAY

Introduction:
Create an introduction that prepares your readers for what is to come. Start with a broad idea or hook that relates to the subject of your essay or to the source reading (“How to Stop Feeling Like a Fraud at Work” by Allison Fox). Summarize the source reading, being sure to include its full title, the author’s full name, and the author’s thesis (or message). Create a transition or bridge from this summary into your own thesis. End your introduction with your own thesis that responds to one of the prompts.

Body Paragraphs:
Support your essay’s thesis with well-developed, coherent, and unified body paragraphs. Make sure each body paragraph has a clear topic sentence. Draw from the source reading and your own personal experiences and/or personal observations to develop (support) your topic sentences.

Conclusion:
Create a concluding paragraph that brings your essay’s discussion to a smooth finish. Come back to the author and your own argument. Leave your readers with a parting thought or food for thought.

Proofreading:
Take time to proofread your essay when you have finished. You don’t want punctuation or language errors to sabotage your score.
Option 1:
In the article “How to Stop Feeling Like a Fraud at Work,” Allison Fox says that according to research, nearly seventy percent of people suffer from the Imposter Syndrome--an inability to believe in themselves at least once in their lives (1). Describe some reasons you have suffered from an inability to believe in yourself. Draw from your own personal experiences and observations to support your thesis.

Option 2:
In the article “How to Stop Feeling Like a Fraud at Work,” Allison Fox relates that the psychologist Vincent Passarelli as says that the best way to overcome the Imposter Syndrome is to distance yourself from past failures by focusing on your accomplishments instead of your failures (2). Describe some ways you have overcome a lack of belief in yourself. Draw from your own personal experiences and observations to support your thesis.

Option 3:
In the article “How to Stop Feeling Like a Fraud at Work,” Allison Fox tells us how psychologists like Vincent Passarelli help people to overcome their lack of belief in themselves. Describe some ways that you have helped others to overcome a lack of belief in themselves. Draw from your own personal experiences and observations to support your thesis.

Option 4:
In the article “How to Stop Feeling Like a Fraud at Work,” Allison Fox says that according to research, nearly seventy percent of people suffer from the Imposter Syndrome--an inability to believe in themselves at least once in their lives (1). Describe some reasons you have have not suffered from an inability to believe in yourself. Draw from your own personal experiences and observations to support your position.

Option 5:
In the article “How to Stop Feeling Like a Fraud at Work,” Allison Fox relates that the psychologist Vincent Passarelli as says that the best way to overcome the Imposter Syndrome is to distance yourself from past failures by focusing on your accomplishments instead of your failures (2). Describe some other ways people can overcome a lack of belief in themselves. Draw from your own personal experiences and observations to support your thesis.