

MODESTO JUNIOR COLLEGE HUMAN SERVICES PROGRAMS

Mission of the Program

The Modesto Junior College Human Service Programs provide the necessary theoretical foundation, historical perspectives, professional values, and clinical skills for paraprofessionals involved in the delivery of social services in various community based social work and counseling agencies.

Overview of the Program

The various programs are designed to prepare students for entry level employment in Human Service Organizations, as well as to upgrade and enhance the knowledge and skill set of current employees in the profession.

The Human Service Programs also provide a basis for future academic training leading to advanced degrees in Human Services, Social Work, Counseling, Psychology, Sociology, and Behavioral Analysis.

Subcategories: Chemical Dependency Counseling, Gerontology, and Psychosocial Rehabilitation.

Certificate of Achievement: Chemical Dependency Counseling

A fully accredited California Association for Drug and Alcohol Educators (CAADE) Certificate of Achievement in Chemical Dependency Counseling will be awarded upon the satisfactory completion of 36 units with a 2.0 GPA or higher in each course.

Program Learning Outcomes

Upon satisfactory completion of this program, the student should be prepared to:

1. Perform clinical evaluations which is the systematic approach to screening and assessment of individuals thought to have a substance use disorder; being considered for admission to addiction-related services, or presenting in a crisis situation.
2. Develop treatment plans which are a collaborative process in which professionals and the client develop a written document that identifies important treatment goals; describes

measurable, time-sensitive action steps toward achieving those goals with expected outcomes; and reflects a signed agreement between a counselor and client.

3. Verbalize referrals which are the process of facilitating the client's use of available support systems, and community resources to meet needs identified in clinical evaluations and treatment plans.
4. Demonstrate service coordination which is the administrative, clinical, and evaluative activities that bring the client, treatment services, community agencies, and other resources together to focus on issues and needs identified in the treatment plan.
5. Conduct individual and group counseling sessions which is the collaborative process that facilitates client's progress towards mutually determined treatment goals and objectives.
6. Provide client, family, and community education which is the process of providing clients, families, significant others, and community groups with information on risks related to psychoactive substance use, as well as available prevention, treatment, and recovery resources.
7. Demonstrate appropriate documentation skills which involve the process of screening and intake, assessment, treatment planning, clinical reports, progress notes, discharge summaries, and other client-related data.
8. Uphold professional standards and ethical responsibilities which are the obligations of an addiction counselor to adhere accepted ethical and behavioral standards, conduct, and professional development.

A.A in Chemical Dependency Counseling

Program Learning Outcomes

Upon the satisfactory completion of this 23 unit program, students should be prepared to:

1. Demonstrate an understanding of chemical dependency, family systems, and the application of the code of ethics as it relates to chemical dependency counseling.
2. Exhibit effective, communication, body language, and written abilities.
3. Demonstrate an understanding of addiction, biology, psychoactive substances, co-occurring disorders, social problems, and the relation to clinical or group practice with individuals, families, groups, communities, and organizations.
4. Comprehend the wide range of Human Service employment options, historical perspectives, and the populations served.

5. Conduct a basic assessment, interview, intervention, referral, individual counseling, and group session with individuals that are chemically dependent.

Certificate of Achievement: Human Services

Program Learning Outcomes

Upon the successful completion of the 27 unit Certificate of Achievement in Human Services, students will be able to:

1. Demonstrate an understanding of the Human Services, delivery systems, and application of the code of ethics as it relates to the Human Service profession.
2. Exhibit effective, communication, body language, and written abilities.
3. Demonstrate an understanding of theoretical orientations, social problems, and the relation to clinical or group practice with individuals, families, groups, communities, and organizations.
4. Comprehend the wide range of Human Service employment options, historical perspectives, and the populations served.
5. Conduct an elementary assessment, interview, intervention, referral, individual counseling, and group session.

A.A. Degree: Human Services

Program Learning Outcomes

In addition to demonstrating the abilities listed as General Education Student Learning Outcomes, students who complete the Associate's Degree in Human Services will be able to:

1. Demonstrate an understanding of the Human Services, delivery systems, and application of the code of ethics as it relates to the Human Service profession.
2. Exhibit effective, communication, body language, and written abilities.
3. Demonstrate an understanding of theoretical orientations, social problems, and the relation to clinical or group practice with individuals, families, groups, communities, and organizations.
4. Comprehend the wide range of Human Service employment options, historical perspectives,

and the populations served.

5. Conduct an elementary assessment, interview, intervention, referral, individual counseling, and group session.

Skills Recognition Award: Gerontology

Completion of the 9 unit Gerontology program will provide the holder with the skills, knowledge, and education necessary to work with the elderly. It also provides training and growth opportunities for existing human service employees. In addition, this Skills Recognition Award in Gerontology will serve as another step in an educational and career ladder leading to a Human Services Skills Recognition Award, certificate and or degree. All course work will be applicable as electives and/or meet the requirements for the Human Services degrees at MJC.

Program Learning Outcomes

1. Upon satisfactory completion of this program, the student should be prepared to:
Develop clinical assessments, progress notes, intakes, treatment plans, discharge summaries, and other client related data for the rapidly-growing aged population.
2. Conduct individual, family, and group counseling sessions.
3. Practice appropriate service coordination of community resources, and identify various forms of social support.
4. Provide client, family, and community education around the myriad issues encountered by the aged population.
5. Demonstrate appropriate documentation skills, and critical analysis of the social and personal issues that impact the elderly.
6. Uphold the professional standards, and ethical obligations of the human service professional.

Skills Recognition Award: Psychosocial Rehabilitation

The Psychosocial Rehabilitation (PSR) program comes from the emerging need in the human services field to recruit and hire qualified persons to provide services for people who have mental health problems, including consumers and family members as employees in the mental health system. Completion of the Psychosocial Rehabilitation program will provide the SKILLS RECOGNITION holder with a core curriculum of essential skills necessary for jobs in the human services field and provide the nine units of college credit necessary to sit for the national test-based certification exam, enabling people to become Certified Psychosocial

Rehabilitation Practitioners. This core set of courses not only provides a basic education for people entering the human services profession but also provides training and growth opportunities for existing human service employees. In addition, this SKILLS RECOGNITION will serve as another step in an educational and career ladder leading to a Human Services SKILLS RECOGNITION and/or Degree. All coursework will be applicable as electives and/or meet the requirements for the Human Services degrees at MJC.

Program Learning Outcomes

Upon satisfactory completion of this program, the student should be prepared to:

1. Examine and describe psychosocial rehabilitation, family systems, and historical perspectives as it relates to the public mental health movement.
2. Describe and demonstrate effective communication, body language, and written abilities with children, consumers, or families.
3. Analyze the impact of stigma, culture, and various practice models in psychosocial rehabilitation.
4. Classify various theoretical philosophies, biology, co-occurring disorders, environmental or psychosocial stressors, and the relation to psychosocial rehabilitation practice.
5. Conduct a basic assessment, interview, intervention, referral, individual and or group counseling session with individuals that have a severe and persistent mental illness.